

ON-LINE



**EMOTIONAL INTELLIGENCE**

**Cost:** \$103 US / Per-Person

**Duration:** 2 Cycles of 4 days each during the periods 12 to 23 April  
& 17 to 28 May 2021

**Topics to include:**

- Emotional self-assessment
- Managing emotions
- Emotional expression
- Emotional understanding
- Relationship building
- Tact, transparency and emotional control
- Impact, influence and resilience

For more info visit [www.vmaraks.com](http://www.vmaraks.com) or contact us at:

☎ : (868) 748-0409 / 272-7092 / 370-9112

✉ : [VMARAKS-TT@hotmail.com](mailto:VMARAKS-TT@hotmail.com)

**BREAKING THE  
BOUNDARIES OF  
THE PANDEMIC**