



# Essentials in Occupational Safety and Health: OSH and Beyond

An innovative training tool in the new normal to promote safe system and workplaces



# **About the EOSH Package**

The EOSH package for OSH and Beyond consists of a selection of modules covering OSH themes and topics to promote a general culture of Occupational Safety and Health as well as specific risk issued and include:

0	Introduction to safety and health at work	0	Muscle skeletal disorders	l .
0	Management of prevention	0	Tools, machines and appliances	
0	Risk assessment	0	Hazardous substances	
0	Accident Prevention and Reporting	0	Trip, slip and fall	
0	Work permits	0	Ergonomics	
0	Personal Protective Equipment	0	Managing health crises and COVID-19	1

The delivery of OSH knowledge is crucial to both employees who can improve the employability in the workplace and employers who have the opportunity to improve employee understanding of OSH in the workplace. This would have the effect of improving the quality and increase productivity through the development of OSH Culture in the workplace.

#### **OBJECTIVES**

- This course aims to increase the employees' perception of the risk and contribute to the reduction of unsafe workplaces and system of work initiated by the employer.
- note that the attention of employers and employees the OSH technical solutions to create safe workplaces.

## Format and interactivity

The 12 modules are offered in an engaging interactive online format, where the participants can have a dynamic learning experience, with online activities, videos and additional resources. Eye-catching infographics present the content and material with an innovative approach, while memory aids & animations make the learning process fresh and playful.

The package features a modular approach, whereby the participants are exposed to the subject matter by why of the following mediums namely the use of computers, tablets, group forums, mobile phones and two (02) webinars that would be conducted by an ILO facilitator located in the respective time zone and region. Furthermore, the internet interface from ILO e-Campus Website is always accessible even with low bandwidth connections.

The duration of the course is four (04) weeks with an approximate learning time of forty (40) hours.

## Benefits of the EOSH package

There are several advantages linked with the use of the package.

**Customized Content:** VMARAKS - Labour safety and Health Company Limited has customized

and adapt the EOSH package to meet the needs of OSH Practitioners as the main target audience, by selecting modules that are more relevant for them.

International expertise: the training team consist of international experts from International Training Centre - International Labour Organization (ITCILO) and from international specialist on OSH, so that participants can maximize their learning journey and engaged with the experts.

Competitive Prices: the training package is a competitive price that facilitates access to the training and the dissemination of best practices in healthy and safe workplaces.

### **Beneficiaries**

The EOSH package is flexible and offers a multi- tool of modules that cuts across several OSH issues applicable to different sectors of activities and different audiences.

# **Course information**

### **Dates**

The course will take place online, from 05 to 30 July 2021.

# eCampus platform

The course will be delivered through the e-Campus platform of the ITCILO.

Links to the online course on e-Campus will be made available in the VMARAKS platform.

# **Target audience**

- Supervisors
- **HSE Practitioners**
- Safety Consultants
- **?** Risk Managers and Managers
- Health Care Practitioners
- **9** Hotel Operators

- Manufacturing
- Transport
- **e** Education
- Supermarkets
- Service Industries
- Local and Central Government



# How does it work

For the targeted audience VMARAKS - Labour Safety and Health Company Limited has customized the EOSH training package to train OSH & B practitioners interested in enhancing safety and health at work.

The EOSH training package would be delivered on-line where participants would be subjected to an examination and upon successful completion receive ITCILO certificate.

## **Pricing**

The online EOSH training with the OSH experts as Online Tutors is as follows.

## Single Participants

Single participant pays US\$ 914.50 if they pay on Thursday 10 June 2021. Early Bird Special applies when full payment is made on or before Wednesday 09 June 2021, the registered participant pays US\$886.05

#### Group

Five (05) participants as a group, when registered together pay US\$856.50 per participant on Thursday 10 June 2021. If the group make their Early Bird Special applies when full payment is made before Wednesday 09 June 2021, each participant of the group pays US\$781.50

#### Note:

Any "Group Package" that exceeds Five (05) participants would cost US\$708 per participant.

The "Early Bird Special" would consist of a free Session on the "Duties of the Employer and

# T&T Participants pay the TT Dollars bank rate equivalent of

### **Employers**

the day.

- Single participant **US\$856.50** by Friday 11 June 2020.
- Three (03) to Five (05) participants pay US\$781.75 per participant.

With a retainer that last for at least one (01) year. The participants from said company would be charged US\$708 per participant.

